



HOTEL LA ZENIA



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## "The natural power of marine elements"

We are increasingly aware of the importance of maintaining a physical and mental balance that helps us cope with the stress of routine. For this reason, the **Servigroup La Zenia** Hotel offers you a pleasant Wellness experience in an incomparable natural environment facing the sea.

Enjoy a health and well-being service, based on the properties of thalassotherapy, with the natural products of **Thalgo** Laboratories, the prestigious French Riviera *maison* known internationally for transferring the properties of the Mediterranean to your skin in an organic way.

**THALGO**  
LA BEAUTÉ MARINE

### Circuits

1 Session.....	11€	
5 Sessions.....	37€ / 10 Sessions.....	65€
15 Sessions.....	92€ / 30 Sessions.....	173€

(Sauna, jacuzzi, heated swimming pool and gym)

**OPENING TIMES: 10:00 - 14:00 h / 16:00 - 20:00 h**

For further information about our services and availability, please contact **ext.9022**

### Depilation - Waxing

Upper lip.....	8€
Personalised eyebrow design.....	11€
Underarms - Bikini line.....	11€
Arms - Half Legs - Thighs.....	16€
Back - Chest - Buttocks.....	20€
Full legs.....	24€

## Hand and feet beauty

Manicure.....20€

Pedicure.....32€

## Body treatments

The skin is the suit that will always accompany you. After analysing your tissue, our professionals will recommend the ideal treatment for your body with the exclusive benefits of **Thalgo's** natural products.

### Relaxation and well-being:

INDIAN SEA RITUAL (100').....137€

Inspired by Ayurveda and the science of Marmas, it relaxes tension points linked to daily activity. Enjoy the nutritional power of red algae and indica essential oils.

WONDER RITUAL OF THE ARCTIC (120').....137€

Feel the magic of this ritual inspired by the Nordic philosophy of thermotherapy and discover the power of the contrast of heat and cold for relaxation.

RITUAL JEWELS OF THE ATLANTIC (120').....137€

Take advantage of the benefits of lithotherapy and ancient African techniques with this ritual to stimulate body tissue. A combination of rhythmic, enveloping and toning maneuvers that are combined with the action of energizing gemstones.

### Corrective treatments:

BODY SCULPT (45').....65€

Firms and corrects cellulite in a single revitalizing treatment.

TIRED LEGS FRIGI (45').....47€

Get rested, light legs and a stylized silhouette.



# Body treatments



## Wraps with massage:

**COLD CREAM MARINA (55')**.....65€

Repairs, relieves, and calms the skin of the body, thanks to the omega extracted from oil and seaweed wax that leaves the skin feeling like silk.

**SEAWEED WRAP (55')**.....65€

Body wrap with patented micro-burst algae, rich in minerals and trace elements.

## Body peels:

**ARCTIC SALT FLAKES (50')**.....65€

Our trio of magnesium-based salts will rid your skin of oxidized cells, remineralizing it, nourishing it and relaxing it.

**GINGER PATÉ (50')**.....65€

The ginger peel, inspired by traditional Indian Ayurveda, gently exfoliates the body, leaving the skin velvety and radiant.





## Massages

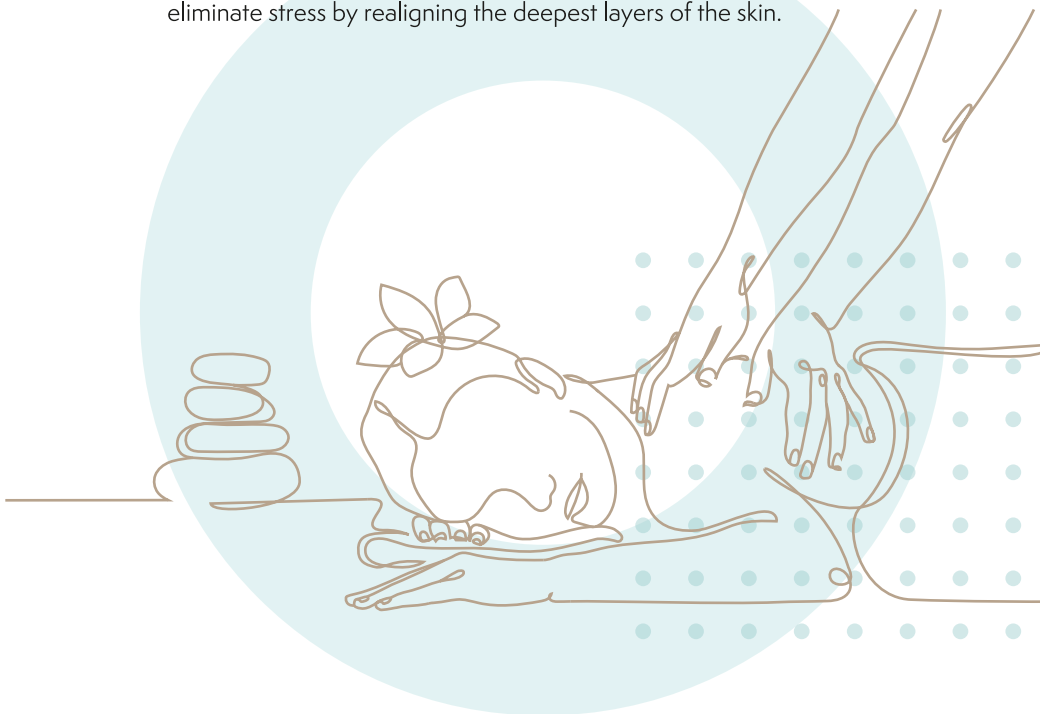
Relax the mind through the body. Our massages inspired by the technique and tradition, of the most exotic places in the world, will help you achieve well-being and balance with the best natural products from **Thalgo**.

Partial relaxing (20').....	34€
Full relaxing complete (45').....	53€
Partial anticontractures (20').....	41€
Full anticontractures (45').....	60€

## Around The World:

**HINDU (45')**.....66€  
Inspired by Marma therapy and traditional Indian Ayurveda for inner balance.

**WONDER OF THE ARCTIC (45')**.....66€  
Inspired by the Nordic Deep Tissue technique, it uses spheres that eliminate stress by realigning the deepest layers of the skin.



# Facial treatments

Each skin is different. Let yourself be advised by our specialized staff who will provide you with the ritual that best suits your skin's needs, by using **Thalgo's** exclusive natural products.

## For radiant skin:

**ACTIVE HYGIENE (40')**.....65€  
Oxygenates the skin deeply, eliminating impurities and toxins. Ideal as a pre step to an advanced treatment.

## Fundamental rituals:

**SOIN HYDRA-VITAL RITUAL (55')**.....78€  
Hydration bath rich in remineralizing marine active ingredients. La Sève Bleue des Océans is fused with micro-burst algae extract to hydrate the deepest layers of the skin.

**SPIRULINE BOOST RITUAL (60')**.....78€  
Marine shock mitigates the effect of pollution on your skin and recovers a fresh and rested complexion.

**PURETÉ RITUAL (55')**.....78€  
Rebalances combination and oily skin, combating aesthetic imperfections.

**COLD CREAM MARINE RITUAL (55')**.....78€  
High-precision repairing effect for sensitive skin with redness or lack of nutrition, based on marine extracts.

**HIDRA- MEN RITUAL (55')**.....78€  
Rehydrates and regenerates male skin, eliminating signs of day-to-day fatigue.

**SEAWEED WRAP (60')**.....65€  
Exclusive marine spa facial treatment based on micro-burst algae with a reducing and tightening effect to revitalize, remineralize and sanitize the skin.

## Intensive rituals:

**RITUAL SILICIUM (75')**.....127€  
The most exclusive of our treatments. Correct the loss of firmness of the oval area and neck with lifting effect massage techniques for a total repair.